



CHIPPENHAM & DISTRICT WHEELERS

This event is being promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

OPEN 10 MILE TIME TRIAL - U41 SPINE ROAD - LATTON

Sunday 04th October 2020. Time of start – 10:00 hours

IF YOU ARE SHOWING ANY SIGNS OF COVID 19 PLEASE DO NOT COME TO THE EVENT

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Riders signing the entry form state their conversance with Cycling Time Trials Rules and Regulations and agree to observe them.

EVENT OFFICIALS

Event Secretary

Paul Winchcombe

Chippenham & District Wheelers

4 Farmhouse Court

Melksham

SN12 6FG

07792 372309 (*mobile*)

Timekeepers

Start: Mr R Hutchinson

Bristol South CC

Finish: Mrs S Andrews

Chippenham & District Wheelers

Officials

Start: Mr I Potts

Chippenham & District Wheelers

Finish: Mrs M Edwards

Chippenham & District Wheelers

EVENT HQ: Organiser: Mr Paul Freegard

My thanks to all the volunteers in addition to the officials:

Bryan Telford – Team Swindon Cycles

Robbie Richardson – Chippenham Wheelers

Martin Priestley – Chippenham Wheelers

Andy Summers – Chippenham Wheelers

Lisajayne Booth – Chippenham Wheelers

Fiona Waing – Chippenham Wheelers

Jeremy Tyzack – Chippenham Wheelers

Event HQ: Bradstone Playing Field, Ashton Keynes, Swindon, Wiltshire, SN6 6PH

- Refreshments – due to COVID restrictions there will be no refreshments
- Toilets – please use one at a time
- Numbers and Signing On – please use your own pen
- Prize Presentation – prizes will be sent after the event to winners
- There are no changing facilities at the Event HQ, so please change considerately
- Event HQ should be open from **0830** hrs
- **A football match is due to start at 1300 hrs so all riders are asked to depart as soon as they can once finished, which is in line with COVID restrictions at the moment in any case.**

There is a reasonable amount of parking at the HQ but if you need to park in the village please park considerately and not block drive ways.

NO SHOEPLATES IN EVENT HQ, PLEASE.

NOTICES: (Due to COVID the notices are longer than usual but please do read them)

- This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>
- Please ensure you have read the CTT COVID-19 guidelines at <https://www.cyclingtimetrials.org.uk/documents/index/covid-19>
- You are asked to not urinate in the carpark or grounds or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility. DO NOT arrive too early or you will be asked to stay in your vehicle. There will be no gatherings permitted in the carpark.
- Turbo trainer/roller warm up are permitted at HQ but only directly behind/infront of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and may be reported to CTT.
- Sign-on is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them. Please **bring your own pen!** We will ask you to **respect the social distancing rules and maintain 2m distance between people in all directions at all times.** This is to ensure we can successfully run this event and others in the future and that any certain twitters have no material to send to the local gossip column/social media outlet/news outlet. We are all in this together so please respect the volunteer team and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, may be reported to CTT and may be refused entry to future events.
- Your number will be placed on a table at the HQ, please check your number on the list below. The numbers have not been used this year and the person putting them out will have taken necessary sanitizing steps before and after laying them out.
- CTT requires all riders to sign out of events when finished. Failure to complete the signing out sheet will result in the rider being disqualified. Other riders or individuals must not sign out for other people.
- Please hand your number in when signing out.
- A **working rear light**, either flashing or constant, must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use
- Please respect the volunteers from Chippenham and District Wheelers and the timekeepers who are giving up their time to help out.
- Position your main number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- Please allow at least 10 minutes to get to the start.
- Head-down riding kills – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish
- IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a **working rear light**. If either of these are missing you will not be permitted to race. There will be no "pusher offer" and you will have to do a standing start on your own. Rolling starts will not be permitted. Make it easy for the finish time keepers, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race Results will be published on the CTT website as soon as possible.

Start List Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this

number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and may not be accepted in future events.

Vehicles on course Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

Summary In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum. These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events. We would like to thank all our volunteers and hope that you enjoy the event

Ride Safe. Ride Strong. Thank you for your support!

PARKING:

To make best use of the parking space available can we please ask that cars park alternatively – facing in / facing out. This will put separation between you when unloading your bike and preparing from other riders and allow cars to be slightly closer together.



COURSE DETAILS

To reach start from event HQ turn left onto Rixon Gate road and follow till X-rds. Turn Right onto High Road and follow till Cox's Hill. Go straight on Cox's Hill to junction with B4696 where turn right and follow till X-rds with Spine Road. Go straight on unnamed road towards and past the aggregate industries. Note once past X-rds you will be riding towards riders who are already racing. Distance to start 2 miles.

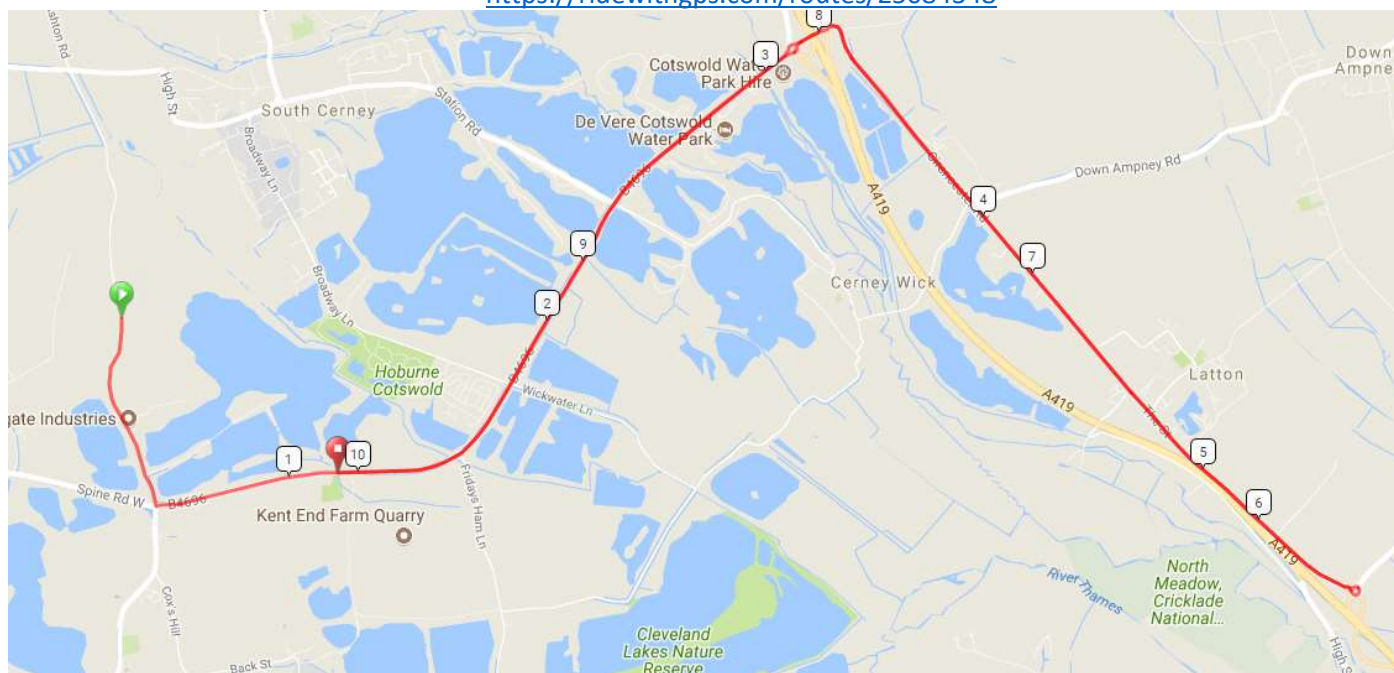
<https://ridewithgps.com/routes/34119754>

- LIMIT U TURNS TO AN ABSOLUTE MINIMUM AND QUEUE TO START IN SINGLE FILE IN LAYBY. DO NOT QUEUE ON THE ROAD.
- PLEASE DO NOT WARM UP PAST THE START AREA.

START: Start in layby on unclassified road 0.4 mile north of Aggregate Industries entrance.

Head south to junction of Spine Rd West and Spine Rd East (B4696) and turn left. Ride East along Spine Road East towards Cotswold Water Park and A419. Cross the double RAB over the A419 (straight on at first RAB) and turn right at second RAB (second exit) towards Latton (DO NOT TAKE A419 EXITS). Ride South East along Cirencester Road through village of Latton (note traffic calming road narrows) to RAB for A419 and circle RAB to return along Cirencester Road through Latton to the double RAB with A419. At first RAB take second exit (straight across) to second RAB and take second exit along Spine Rd East past Cotswold Water Park (DO NOT TAKE A419 EXITS). Ride West along Spine Rd East to finish 0.5 mile short of junction at West end of small gated layby before Clayhill Car Park

<https://ridewithgps.com/routes/25084348>



DO NOT STOP on finishing, but warm down and return to HQ.

PRIZE VALUES

Overall		Vets		Others	
1st Place	£30.00	1st Place Vet Overall	£20.00	1st Place Lady	£30.00
2nd Place	£20.00	2nd Place Vet Overall	£15.00	2nd Place Lady	£20.00
3rd Place	£15.00	1st Place V40	£15.00	1st Jnr/Jv	£15.00
		1st Place V50	£15.00	1st Team (of 3)	£45.00
		1st Place V60	£15.00		
		1st Place V70/80	£15.00		

One prize per rider (except team). In the event of a multiple claim the greater value prize will be awarded. Prizes will be forwarded to riders after the event.

ORDER OF START**(T – denotes tandem pair)**

Start Time	Rider Number		Rider	Club	Cat
10:02	2 (T)	Hobbs	Edric	VTTA West Group	Veteran
10:02	3 (T)	Hobbs	Caroline	VTTA West Group	Veteran
10:04	4	Evans	Mark	Chippenham & District Wheelers	V5
10:05	5	Francis	Robert	Reflex Racing	Espoir
10:06	6	Dewhurst	Linda	Team Milton Keynes	Lady
10:07	7	Pugh	James	Cotswold Veldrijden	Senior
10:08	8	Martindale	Lawrence	Chippenham & District Wheelers	Juvenile
10:09	9	Wilson	Peter	Bath Cycling Club	V8
10:10	10	Lane	Kevin	Droitwich Cycling Club	Lady
10:11	11	Bradley	Mark	Bristol South Cycling Club	V5
10:12	12	Kenderdine	Tom	Droitwich Cycling Club	V4
10:13	13	Forbes	Ranald	Droitwich Cycling Club	V5
10:14	14	Hutchinson	Mary-Jane	Bristol South Cycling Club	Lady
10:15	15	Monk	Joe	Exeter Whs CC	Espoir
10:16	16	Buckland	Jo	FTP (Fulfil The Potential) Racing	Lady
10:17	17	Taylor	Roger	Frome and District Wheelers	V7
10:18	18	Russell	Tony	FTP (Fulfil The Potential) Racing	V4
10:19	19	Davies	Emma	Newbury Velo	Lady
10:20	20	Hudson	Mark	FTP (Fulfil The Potential) Racing	Lady
10:21	21	Jones	Gary	Successcycling.co.uk	V5
10:52	52	Claxton	Andy	Team Swindon Cycles	V5
10:23	23	Scarsbrook	Arja	Team Echelon	Lady
10:24	24	Stevens	Matthew	Gloucester City Cycling Club	Senior
10:25	25	Boulton	Matt	Swindon Wheelers	Senior
10:26	26	Jones	Robert	Performance Cycles CC	V4
10:27	27	Norris	Christian	Mercedes AMG Petronas CC	Senior
10:28	28	Eames	John	Chippenham & District Wheelers	V7
10:29	29	Paramor	Neil	Salt and Sham Cycle Club	V4
10:30	30	Costello	Tony	Newbury Velo	V4
10:31	31	Wright	David	Tetbury Velos	V5
10:32	32	Wooldridge	Philip	Audax UK	V4
10:33	33	Chapman	Stephen	Corinium Cycle Club	V5
10:34	34	Davis	Simon	VTTA (Midlands)	V4
10:35	35	Russell	Isaac	Team PB Performance	Jnr
10:36	36	Parker	Ben	Swindon Wheelers	V4
10:37	37	Cook	Andy	Chippenham & District Wheelers	V5
10:38	38	Peppin	Gerry	Corinium Cycle Club	V5
10:39	39	Grant	Dan	Droitwich Cycling Club	V4
10:40	40	Norris	Luke	Banbury Star Cyclists' Club	Senior
10:41	41	Lowndes	Brett	Pro Vision Cycle Clothing	Lady
10:42	42	Carless	Roy	Swindon Road Club	V5
10:43	43	Conibear	Isobel	DHC (Districts of Hamwic Cyclesport)	Lady
10:44	44	Murkin	Michael1	Swindon Road Club	V7
10:45	45	Schvartz	Leigh	Team Swindon Cycles	Senior

10:46	46	Jones	Paul	Bristol South Cycling Club	V4
10:47	47	Kench	Peter	Ride 24/7	V4
10:48	48	Rogoll	Paul	Salt and Sham Cycle Club	V6
10:49	49	Fraioli	Jayme	Salt and Sham Cycle Club	Lady
10:50	50	Sargent	Jake	FTP (Fulfil The Potential) Racing	Espoir
10:51	51	Dunnage	Niel	PDQ Cycle Coaching	V4
10:22	22	Laasna Reuter	Dan	Virtual Cycling Club	V4
10:53	53	Bowler	Andrew	Reading CC	V5
10:54	54	Jolliffe	Robert	New Forest CC	V6
10:55	55	Cottington	Steven	Bath Cycling Club	V5
10:56	56	Robbins	Justin	Team Swindon Cycles	V4
10:57	57	Anderson	Mike	Velo Club Venta	V6
10:58	58	Leslie	Cameron	Royal Air Force Cycling Association	Senior
10:59	59	Coles	Alex	Towy Riders Cycle Club	Juvenile
11:00	60	Guest	Paul	Worcester St. Johns CC	V5
11:01	61	Schvartz	Joe	Team Swindon Cycles	V5
11:02	62	Richardson Paige	Jamie	Magspeed Racing	Senior
11:03	63	Garland	Kevin	PDQ Cycle Coaching	V4
11:04	64	Posnett	Jessica	Droitwich Cycling Club	Lady
11:05	65	Woolford	Mark	Team Swindon Cycles	V5
11:06	66	Hughes	Rikky	Worcester St. Johns CC	Senior
11:07	67	Collins	Michael	VC Sevale (Malvern)	V5
11:08	68	Barfoot-Brace	Kim	Bath Cycling Club	Lady
11:09	69	Wynne	Diane	VC Sevale (Malvern)	Lady
11:10	70	Shepherd	Mark	Sportstest RT	V4
11:11	71	Wintle	Jordan	Cheltenham & County Cycling Club	Senior
11:12	72	Norris	Matt	Banbury Star Cyclists' Club	V5
11:13	73	English	David	Chippenham & District Wheelers	V4
11:14	74	Druce	Neil	Didcot Phoenix CC	V5
11:15	75	Chapman	Tony	Frome and District Wheelers	V4
11:16	76	Jones	Morgan	Velo Clinic	Senior
11:17	77	Andres	Daniel	FTP (Fulfil The Potential) Racing	Senior
11:18	78	Mansfield	Paul	Droitwich Cycling Club	V5
11:19	79	Emery	Tony	Dursley Road Club	V7
11:20	80	Overton	Andrew	Successcycling.co.uk	Lady
11:21	81	Lines	Martin	Worcester St. Johns CC	V5
11:22	82	Hand	Mark	Droitwich Cycling Club	V4
11:23	83	Smith	Daniel	Ride 24/7	V4
11:24	84	Lowe	Nicholas	Team Swindon Cycles	V5
11:25	85	Garrett	Simon	Team Echelon	V4
11:26	86	Wiggins	Jon	PDQ Cycle Coaching	Senior
11:27	87	Collins	Edward	Mendip Cycling Club	V4
11:28	88	Summerhayes	Steve	Somerset Road Club	V6
11:29	89	Booth	Lauren	Chippenham & District Wheelers	Lady
11:30	90	Adcook	Simon	Team Bottrill	Lady
11:31	91	Bray	Steve	FTP (Fulfil The Potential) Racing	V5
11:32	92	Dos Santos	Adriano	Swindon Road Club	V4
11:33	93	Lowe	Chris	Swindon Road Club	V6
11:34	94	Strong	Tim	Team Swindon Cycles	V4

11:35	95	Wilkinson	Felix	FTP (Fulfil The Potential) Racing	Senior
11:36	96	Chapman	Mark	Ride 24/7	Espoir
11:37	97	Hogan	Thomas	VeloVitesse/ALLCAP/James Barry	Senior
11:38	98	Pope Vtta 14527	Barry	Salt and Sham Cycle Club	V6
11:39	99	Lazenby	Stephen George	Beacon Roads CC	V4
11:40	100	Janes	David	Swift Performance Coaching	Senior
11:41	101	Davis	Michael	FTP (Fulfil The Potential) Racing	Senior
11:42	102	Berry	Charlotte Emily Daisy	Tetbury Velos	Lady
11:43	103	Kinsey	Simon	Virtual Cycling Club	V5
11:44	104	Parker	Stuart	Droitwich Cycling Club	V4
11:45	105	Franklin	Arthur	FTP (Fulfil The Potential) Racing	Senior

Please note your name is on the start sheet as it appears in the CTT Database. You can edit your name to make in upper and lower case.